



Appleby Primary School Primary PE and Sport Grant Report 2022-23

The Primary PE and Sport Grants is provided to fund improvements to the provision of PE and sport for the benefit of pupils so that they develop healthy lifestyles.

This is an excellent resource and supports Appleby Primary School in our active promotion of sport and healthy living. Appleby Primary School is an inclusive school and the involvement of all pupils in sport is central to our aim to develop our children as confident, healthy and happy learners. The school has an excellent record in local competitions while maximising participation amongst all of our pupils.

This report outlines the allocation received in 2021-22 and analyses impact. It also outlines our plans for spending funding received for the academic year 2022-23



School Sports Grant 2021-22

INTENT AND IMPLEMENTATION

In 2021-22, Appleby Primary School received a total allocation of £17,458. There was also a carried forward of £9444 from 2020-21 which was higher than usual due to disruption associated with the Covid Pandemic. With the aim that every child in the school would have access to and benefit from activities provided through this funding, expenditure was allocated to four main areas.

TRAINING AND DEVELOPMENT	BUDGET ALLOCATION:£1500
• Ensure that coaching timetables ensure maximised CPD for staff alongside supporting curriculum needs of pupils • Facilitate attendance at further training events offered by Eden Valley Sports Partnership (EVSP) and other providers • Update training for staff to provide outdoor learning and outdoor adventurous activities • Support Midday staff to attend Play Leader and Lunchtime Superhero training to support promotion of physical activity at lunch times	
PROMOTING COMPETITION	BUDGET ALLOCATION: £ £3500
• Subscribe to Eden Valley Sports Partnership (EVSP) to access competitive and non-competitive “festival” events to provide opportunity for all pupils to represent school in at least one sport • Support additional staff to attend organised sporting events to enable more than one team from Appleby Primary School to participate in popular competitions • Develop School Sports Day to further develop our “intra-school” competitive sports offer • Develop PE team throughout the school to lead different competition entries; maximising staff strengths and interests – also reducing the impact of time out of classroom by one particular teacher. • Host Appleby Primary School competition in one sport and invite cluster schools to participate – enable maximum possible children from APS to participate • Ensure transport provision enables high level of participation in Inter School Sports • Provide extra-curricular provision to support pupils to participate competitively in inter-school sports competitions • Engage with Panathalon Events to support competition participation for pupils with additional needs and disabilities	
INCREASED PARTICIPATION	BUDGET ALLOCATION: £3500
• Develop school PE curriculum to provide high quality physical education provision for all pupils for a minimum of 2 hours weekly • Subscribe to EVSP coaching programme to support quality PE provision as part of the curriculum through the engagement of professional coaches to support delivery of high quality first teaching • Develop extra-curricular opportunities, supported by engagement of specialist professional coaches alongside school-based staff.	

- Work with School Council to develop range of extra-curricular sporting opportunities to fit with the interests of pupils in school.
- Continue to develop outdoor adventurous activities programme to engage all pupils effectively e.g.
 - Deliver a Mountain Challenge to all classes to climb a mountain
 - Include “Orienteering” on the school sports curriculum
 - Explore opportunities for an outdoor education programme for school residential

ADDITIONAL RESOURCES

BUDGET ALLOCATION: £1000

- Audit and update resources for curriculum and extra-curricular sports delivery
- Provide additional storage for school sports equipment
- Promote physical activity during break times through provision of outdoor playtime equipment.
- Staffing to support increased participation in sporting events
- Additional Transport to support engagement with outdoor and adventurous activities and participation in inter-school sporting events.

IMPACT REPORT

The PE and Sport Grant has had a beneficial impact on the children’s experiences and the schools results and has supported children by promoting positive mental health and wellbeing and a healthy lifestyle.

- Children’s overall engagement in regular physical activities in school has been good. Engagement in active play through use of playtime resources and curriculum focus on healthy lifestyle choices has resulted in children being able to discuss the benefits of regular physical activity.
- Children have participated in a wide range of inter-school sports competitions including but not limited to:
 - Cross Country
 - Badminton
 - Short Tennis
 - Cricket
 - Gymnastics
 - Football
 - Tag Rugby
 - Dodgeball
 - Athletics
 - Multisports
- Appleby Primary School sports teams enjoyed a successful year, reaching area finals in netball and hockey and represented Eden at the Cumbria School Games in Dodgeball.

- Children worked with external coaches in a wide range of sports including but not limited to:
 - Wheelchair Basketball
 - Cricket
 - Rugby
 - Hockey
 - Gymnastics
 - Tennis

Engagement with the EVSP coaching and CPD programme supported all teachers to work alongside specialists in a range of support to develop the subject knowledge and effective teaching strategies.

- An active programme of extra-curricular sports clubs were well attended – in most cases to capacity. Feedback from children led to the addition of tiered running clubs with the most able runners engaging in a longer distance trail run off-site each week
- Appleby Primary School fielded the highest number of junior entries in Appleby Fun Run reflecting the positive impact on pupil engagement with running through curricular and extra-curricular experiences
- Appleby Primary School sports teams demonstrated a high level of success in inter-schools competitions:
 - First – U9 Girls Team at Hunter Hall Cross Country
 - First – U7 Girls Team and Individual at Hunter Hall Cross Country
 - First – Eden Area Dodgeball – Represented Eden in Cumbria Youth Games
 - Second – Appleby Under 11 Cricket
 - Appleby Rotary Fun Run (Individual event only) – 2nd U11 Boy, 1st U11 Girl, 1st and 3rd U9 Girl
 - First – U11 Eden Area Tag Rugby
 - First – Eden Area U11 Football
- All pupils in Key Stage 2 climbed a mountain, either in the Lake District or the nearby Pennines. Outdoor Adventure Days at Knock were arranged for pupils in Key Stage One and Foundation

Cost Breakdown 2021-22

Subscription Costs Includes membership of Eden Valley Sports Partnership support all aspects of our plan	£4330
Additional Coaching/Specialist Teaching Costs To support curriculum development, Staff CPD and increased participation	£1520
Staff Costs To support participation in off-site competitive sports	£1890
Sports Equipment	£487
Transport	£230

School Sports Grant 2022-23 – STRATEGY

INTENT AND IMPLEMENTATION

In 2022-23, Appleby Primary School received a total allocation of £17,456. There was also a carried forward of £18,445 from 2021-22. With the aim that every child in the school would have access to and benefit from activities provided through this funding, expenditure was allocated to four main areas.

TRAINING AND DEVELOPMENT	BUDGET ALLOCATION: £4000
• Ensure that coaching timetables ensure maximised CPD for staff alongside supporting curriculum needs of pupils • Facilitate attendance at further training events offered by Eden Valley Sports Partnership (EVSP) and other providers • Update training for staff to provide outdoor learning and outdoor adventurous activities • Support Midday staff to attend Play Leader and Lunchtime Superhero training to support promotion of physical activity at lunch times	
PROMOTING COMPETITION	BUDGET ALLOCATION: £4000
• Subscribe to Eden Valley Sports Partnership (EVSP) to access competitive and non-competitive “festival” events to provide opportunity for all pupils to represent school in at least one sport • Explore additional competitive sports opportunities external to EVSP • Support additional staff to attend organised sporting events to enable more than one team from Appleby Primary School to participate in popular competitions • Continue to develop our “intra-school” competitive sports offer • Develop PE team throughout the school to lead different competition entries; maximising staff strengths and interests – also reducing the impact of time out of classroom by one particular teacher. • Host Appleby Primary School competition in more than one sport and invite cluster schools to participate – enable maximum possible children from APS to participate • Ensure transport provision enables high level of participation in Inter School Sports • Provide extra-curricular provision to support pupils to participate competitively in inter-school sports competition • Engage with Panathalon Events to support competition participation for pupils with additional needs and disabilities	
INCREASED PARTICIPATION	BUDGET ALLOCATION: £5000
• Develop school PE curriculum to provide high quality physical education provision for all pupils for a minimum of 2 hours weekly • Subscribe to EVSP coaching programme to support quality PE provision as part of the curriculum through the engagement of professional coaches to support delivery of high quality first teaching • Develop extra-curricular opportunities, supported by engagement of specialist professional coaches alongside school-based staff.	

- Work with School Council to develop range of extra-curricular sporting opportunities to fit with the interests of pupils in school.
- Continue to develop outdoor adventurous activities programme to engage all pupils effectively e.g.
- Deliver a Mountain Challenge to all classes to climb a mountain
- Include further outdoor and adventurous activities on the school sports curriculum - Explore opportunities for an outdoor education programme for school
- Develop fixed outdoor play equipment to maximise physical activity during breaks and lunch times

ADDITIONAL RESOURCES

BUDGET ALLOCATION £20,000

- Audit and update resources for curriculum and extra-curricular sports delivery
- Provide additional storage for school sports equipment
- Promote physical activity during break times through provision of outdoor playtime equipment – Update the fixed outdoor play equipment to improve safety and facilities
- Update school sports “Kits” for teams
- Staffing to support increased participation in sporting events
- Additional Transport to support engagement with outdoor and adventurous activities and participation in inter-school sporting events.